

Accident Dreaming of an accident is a warning to pay attention to a certain situation in your real life before it gets out of control. **Achievement** To dream of an achievement denotes that you will be greatly satisfied with the outcome of a situation or project. The bigger the achievement, the greater the satisfaction. **Acne** Dreaming of having acne symbolizes self-esteem issues and your insecurities. You are not comfortable with yourself and feel out of place in certain situations. **Actor / Actress** To see an actor or actress in your dream represents your pursuit of pleasure. Your admiration of a particular celebrity may lead to a desire to have some of their physical or personality traits. To dream that you are an actor denotes that your hard work and labor will be well worth it in the end. Also see Celebrity. **Adoption** To dream that you or others were adopting a child indicates that you are taking on something new and different. Ask yourself what is missing in your life that would make you happy. To dream that you were adopted suggests that you are longing for the child within you. **Afraid** To dream that you were afraid to continue on in some situation signifies trouble in the home and failure in your school or professional life. To see others afraid in your dream signifies that one of your friends will be so wrapped up in his or her own problem that they will not be able to help you out with some favor. **Airplane** To see an airplane in your dream indicates that you will overcome your obstacles and rise above to a new level of prominence and status. You may experience a higher consciousness, newfound freedom and greater awareness. To dream that a plane crashes, on the other hand, suggests that you have set overly high and unrealistic goals for yourself. **Alcohol** To dream that you are drinking alcohol in excess signifies feelings of insecurity and regret. You may be worried that people will discover your true identity. If you dream of hiding your drinking from someone, especially from a parent, means you have been keeping a secret that is going to end up hurting you if you don't let it out.

Alien To dream about an alien signifies a particular person or event that is extremely foreign and new to you. You feel that you are at a complete loss as to how to handle or control a person, circumstance, or situation. **Alley** To dream of an alley suggests that you feel limited, restricted, or confined from doing something that you want to do. You feel stuck and don't know how to escape. **Ambulance** Indicates that your careless activities and indiscretion may lead to major problems and complications. This dream may also stem from your own fears of declining health or the worry that you have contracted a disease. Alternatively, it suggests that you need to stop and pay close attention to some waking situation.

Amusement Park Dreaming of being at an amusement park represents a busy and stressful daily life. You need to set aside some time for leisure and more enjoyment in your life. **Animals** May represent your own physical characteristic, primitive desires, or sexual nature, depending on the qualities of the particular animal. Animals symbolize the untamed and uncivilized aspects of yourself. Thus, to dream that you are fighting with an animal signifies a hidden part of yourself that you are trying to reject and push back into your subconscious. **Apology** If you dream about either giving or receiving an apology, this is a reference to your friends. You may be expressing a fear of losing a friend, or you may be making a new friend. **Aquarium** To see an aquarium in your dream symbolizes that you are aware of what you are feeling, but you have not yet confronted these feelings. This dream may also refer to your unconscious thoughts or desires. An aquarium dream can indicate that you need to take some time for yourself to relax and have fun. Also see Fish. **Argument** Suggests that you are trying to resolve some internal conflict or unsettled issue in your waking life. Consider who you are arguing with in the dream and what you are arguing about and what that might symbolize. How does he or she

reflect some person or aspect of yourself in your waking life? Also see Fighting.

Army Dreaming of an overpowering force indicates that you feel you are on your own and against all others. You are outnumbered and feel pressured. **Arrested**

Indicates issues of control and restraint. Some aspect of yourself may have been prevented from fully developing. Alternatively, it may represent feelings of guilt.

Also see Jail. **Athlete** To dream you are an athlete suggests that you have pushed yourself to the limits. You have achieved something that you thought you could not do. **Attack**

To dream that you're attacking someone indicates that your ill-mood and temper may cause harm to another. You are releasing some pent-up frustration and anger. You feel that you have been wronged. Such feelings may be easier and safer for you to express in your dream. To dream that you are being attacked by someone, on the other hand, signifies that questions have been raised about your character resulting in a need to defend yourself. You are feeling stressed, vulnerable and helpless. You may also be faced with difficult changes in your

waking life. To dream that you are being attacked by an animal is a warning to be careful with those around you. Take notice of people in your waking life who share and exhibit the same qualities of the animal that attacked you in your dream. **Attic**

Represents hidden memories or repressed thoughts that are being revealed. An attic also symbolizes your mind, spirituality, and your connection to the higher self.

Audience If you dream of being in front of an audience, it means that the people around you are paying close attention to your actions. It could also symbolize your fears of having someone discover or reveal your private thoughts.

Baby A baby signifies innocence, warmth and new beginnings. A love may be blooming for you in your near future. You will also make fun new friends. Babies may also symbolize something pure in your own inner nature. If you dream of a crying baby, part of yourself may feel deprived of attention and affection.

Babysitting

To dream of babysitting children represents your need to make stronger friendships based on real affection and values, instead of superficial things. If the baby you are taking care of is crying, you are lacking understanding from others. If you dream that someone is babysitting you, you are frustrated that others try to manage your life for you. In other words, you want more freedom. **Backpack** Often represents unfinished business; part of it is your own, and part is stress you feel on behalf of others. If the bag on your back is overly heavy or very large, you're carrying an unreasonable burden in real life. **Backyard** Dreaming of a green, grassy backyard is a forecast of personal happiness. If the yard was messy, weedy or you felt scared, there are hostile influences around you at the moment and you should avoid any changes for the time being. **Balance Scale** Dreams containing a scale may represent your need to make an important decision. You need to weigh both sides of the argument. A dream of a scale may also represent your preoccupation with your weight and body image. **Balcony** To dream that you were on a balcony refers to your desire to be seen and noticed. It may also mean that you are on your way up the social ladder. If the balcony collapsed or seemed dangerous, you may hear sad news about, or from, distant friends. **Bar** To dream that you are in a bar represents your desire to escape stressful situations occurring in your life and retreat to a peaceful or relaxing environment. **Barefoot** To dream that you are barefoot represents your playfulness and relaxed, carefree attitude. Also see Feet. **Basement** Symbolizes your unconscious mind and intuition. If the basement is clean and neat, you are happy and well-adjusted. If the basement is dark and spooky or messy and dirty, you are unhappy with your life right now. **Bat** Often represents the constant nagging of the pestering and annoying people around you and the events associated with them.

Bathroom If you dream that you are in the bathroom, you may be due for a period of self-renewal. It's time to get rid of some burdens or emotions that are weighing you down. **Beach** The beach in your dream symbolizes the meeting between your two states of mind. The sand represents your rational brain, while the water symbolizes your irrational and emotional aspects. To dream that you are on the beach and looking out toward the ocean indicates unknown and major changes that are occurring in your life. To dream that you are looking toward the beach suggests that you are returning to what is familiar to you. To dream of relaxing on a beach means that the coming weeks will be calm and peaceful for you. To dream that you are working on the beach represents a project that will take up most of your time. **Bed / Bedroom** To dream that you are in the bedroom signifies aspects of yourself that you keep private. It also represents feelings regarding your intimate relationships. A neatly made bed means you feel in control. A messy bed represents a difficult relationship. **Betrayal** To dream that you have been betrayed represents your suspicions of another person, relationship, or situation. This dream usually occurs when you have feelings of insecurities and are facing major commitments. **Bicycle** To dream that you are riding a bicycle signifies the need to balance work and pleasure in your life. **Birth** To dream of giving birth can represent the beginning of a new project or stage of life. If you dream that you are giving birth to anything non-human, you are holding back from expressing your inner creativity and "real" self because you fear that others will judge you or that they will not accept your ideals. More obviously, it may represent anxiety about being pregnant. This dream is very common among pregnant women and represents anxieties over the health of the baby. Also see Pregnant. **Blood** Blood in a dream can have many meanings. To dream that you are bleeding represents feeling a loss of power. You may be suffering from exhaustion or feeling emotionally drained. It may also denote bitter confrontations between you and your friends. Your past actions may have come back to haunt you. Try

to avoid any sort of controversy with friends or relatives. **Boat** A boat in your dream symbolizes how well you cope and express your emotions. If you mainly experience "smooth sailing," you're good at handling your feelings. It's also a lucky dream. If the waters are rough, however, you need to work on this aspect of yourself. **Book** Opening a new book means starting a new chapter in one's life. Dreaming of finding a book in an open area can represent being open to new ideas and religious feelings. Children's books in dreams symbolize memories from childhood. This dream may also suggest your desire to escape from reality and retreat into some fantasy world. Also see Library. **Boy / Boyfriend** To dream of a boy who you are crushing on in real life is usually just a straightforward reflection of your feelings for him. If you dream that you're in love with a boy who you don't like in real life, your dream could be telling you that you are overlooking good qualities in that person or that you have a lot of love to give at this time and no good outlet. **Bridge** Bridges often signify travel and transitions. Dreaming of a bridge over water suggests that you could be conflicted in your emotions. If the bridge was unstable or collapsing, it could mean problems in a friendship or love relationship. **Burn** Signifies the disintegration of something, or a loss that is beyond your control. It can also involve an emotion like anger dissipating and coming to an end. **Bus** To dream of a bus means you've been going along with the crowd and need to start acting on your own initiative. If you missed your bus in the dream, you may feel that others are leaving you behind socially or emotionally. You are having difficulty achieving your personal goals. To dream that you are in a bus accident signifies that you will find yourself in an embarrassing situation. **Cage** To dream of a cage indicates the feeling of being restrained and restricted from something you desire. You have no way of getting out and feel helpless. **Calendar**

A calendar on the wall suggests that you are well organized and prepared. If you see yourself writing or making marks on a calendar, it symbolizes that you are marking time until a certain event comes to pass. If someone in your dream gives you a calendar as a gift, you will have much disappointment in the week ahead. If you destroy a calendar, you either feel hopelessly unorganized or you've decided to make a brand new start in the direction of your life. **Camera** To see a camera in your dream means you are trying to live in the past, or that you don't have a clear picture of a current situation. If you dream about running out of film, you may not have the tools or experience to deal with a current situation on your own. Ask for help. **Car** To dream that you are driving a car symbolizes your ambition and your ability to navigate from one stage of your life to another. Consider how smooth or rough the car ride is - that suggests how easy or hard your path will be to your goals. Also consider whether you are driving the car or are merely a passenger because that indicates whether you take an active or passive role in your life. If you are a passenger, it can also mean your knowledge will earn you good fortune, especially if the car is expensive. **Castle** Signifies your hopes and dreams for the future. It is expressing the inner desires that you might not have even realized you had. **Cat** Cats represent power, freedom and the animal self, especially for females. To dream of being a cat means you will triumph in an upcoming conflict. If you don't like cats, or you have an unpleasant experience with them in your dream, you are uncomfortable in some way with the more feminine side of your personality. Also see Kitten. **Celebrity** Dreaming that you are a celebrity means your desires and wishes may be beyond your reach at the present moment. To dream that a friend or lover becomes a celebrity suggests your fear of losing the friendship and loyalty of this person. To see a celebrity in your dream, or even to be dating or making out with a famous person in your dream, represents your understanding about him or her and the feelings he/she generates in you. Something in your waking life has triggered these similar beliefs and feelings. It is not uncommon that a real-life obsession with a certain celebrity may carry over into your dream world. Celebrities are often seen as heroes and role models for certain qualities or the fame and acceptance we want to achieve ourselves. To dream about a celebrity dying signifies that your feelings about that person are changing significantly.

Perhaps you no longer admire what they once represented to you. Alternatively, you may want to repress that aspect of yourself represented by that celebrity. Also see Actor/Actress. **Cemetery** Dreaming about a cemetery symbolizes self-renewal and giving up old attitudes or habits. **Chase** Dreaming of being chased symbolizes a real fear of being pursued by someone or something. It may also have to do with unresolved circumstances, situations, or emotions that you cannot seem to escape from or avoid. **Cheetah** To see a cheetah in your dream means you are being too lazy and that you need to get moving and become more active in the pursuit of your goals. **Choking** To dream that you are choking on an object suggests that you may find it difficult to believe some advice, or accept what someone is telling you. If you are choking on food, then it may be an expression of your guilt about something. To dream that someone is choking you means you are suppressing your feelings; you have difficulties in showing your fear, anger, or love. **Christmas** Symbolizes family togetherness, reunions and celebration. It is also representative of new beginnings and fresh starts. **Church** Represents a need to be appreciated by those you love. **Cliff** Dreaming of a cliff represents a threat or a feeling of vulnerability. You are up against an event or something that you are afraid to tackle. Falling from the cliff symbolizes losing control of yourself or a particular situation. Also see Heights. **Climb** A dream of climbing indicates the measures you are taking to achieve and accomplish your goals. It may be a struggle, but either way, you are finally reaching the top. **Clothes** To dream that your clothes are dirty and you are trying to clean them means you want to change something about your personality. To dream that you are constantly changing your clothes represents the desire for change and your need

to fit into a new situation. To dream that you can't find anything to wear indicates anxiety or nervousness about fitting into some social group or situation - you're not sure who to be these days. **Clouds** A fast-moving cloudy sky in a dream means you're getting ready to release your anger about a situation. Thick, slow-moving clouds represent confusion. If you dream of walking on clouds, you have the ability and optimism to achieve much happiness in your life. **Clown** To dream of a clown foretells that you will ignore important things because you will be distracted with worry over silly matters. **Cold** To dream that you are cold suggests that you are experiencing a breakthrough in some area in your life. Alternatively, you may be feeling isolated by someone. Your sense of coldness could reflect your feelings about that person. If the whole world is cold or frozen over in your dream, this signifies that you need to be more objective in your decision making - don't let your emotions get the better of you. **Competition** Represents your need to grow and expand. Learn the value of endurance and perseverance. Also make sure to be more assertive. If you dream of winning a competition, you have the necessary skills to accomplish a goal or solve a problem in your life. If you dream of watching a competition, you may feel that others are passing you by in some way - socially or romantically - and you are just "sitting on the sidelines" of life. You need to get more confidence and become more involved in things. **Computer** If you dream of a computer, pay careful attention to the other symbols in your dream. The computer is saying "put the pieces together to understand the overall meaning." Also, if you use a computer a lot during your waking life for work or play, your dream could be telling you to get out more and take a break from the screen. If you dream of someone hacking into your computer, there is a sense that your privacy is being invaded. You may be overwhelmed and have the feeling that you are at the mercy of another. **Cooking** To dream of cooking is very lucky, whether it was yourself or someone else doing the cooking. It is a promise of material comforts in the near future. A dream of cooking broth or soup predicts an eventual rise to a position of great power. Spiritual medium, dream interpreter, psychic medium, clairvoyant, counsellor, Support, guidance, Karen Ellyard, Gold Coast, Queensland, Brisbane, Reiki, Angel, Meditation and teaching

Crash Dreaming of being in a crash or something crashing around you signifies the bringing to an end of an emotion or fear that was causing stress. It can also represent the fear of getting into an actual accident. **Crime / Criminal** To dream that you chase or capture a criminal is a positive omen that means you will overcome your rivals. To dream of witnessing a crime indicates that others are wasting or taking over your time, energy, and ideas. To dream that you are a criminal foretells unpleasantness in your social life. You may also be overstepping your boundaries. If you dream of being an accomplice to a crime, you are feeling guilty about something. **Crowd** To dream that you are in or part of a crowd means you need to make some space for yourself. It also suggests that you need to start thinking more for yourself instead of following others. **Crying** If you dream you are crying, your mind is helping to achieve emotional balance while you sleep. You are getting out frustrations that would slow you down in your waking life. To see others crying in your dream foretells unexpected calls for your help from others.