

**Dance** Usually represents feelings of freedom, sexuality or a positive attitude.

**Darkness** If you dream you cannot find someone in the darkness, you need to keep your temper in better control in real life. To dream of being lost in the darkness represents feelings of insecurity or sadness. If you are groping around in the darkness in your dream, you are having trouble making a decision because you don't have enough information. Do your research and do not rush into a choice.

**Date / Dating** Dreaming about being on a date suggests that you are getting to know some hidden aspects of yourself. You are acknowledging your hidden talents. Alternatively, it may reflect your anxieties about dating or finding acceptance.

**Death** Dreams about death are not necessarily bad omens, but they usually represent anxious or angry feelings. To dream of your own death is actually positive - it means renewal and letting go of an old stage of life. This is also a common dream when you are getting over an illness - and it's a good sign that you are getting better. However, if you dream that you are dying slowly, you need to drastically change your routine and reenergize your life. To dream about the death of a loved one suggests that you are lacking a certain quality that the loved one represents.

**Demons** Represent negativity and distress. Seeing demons in dreams also forewarns of overindulgence. If you dream of being possessed by demons, you are feeling helpless about something. **Depression** Dreaming about feeling depressed indicates that you are having a hard time figuring out the root of your sadness. You may also be facing consequences for your actions.

**Detention** Signifies guilt or shame about your actions. You need to learn to forgive yourself.

Are you punishing yourself for something? **Diary** If you dream of writing in a diary, you should pay close attention to the other symbols in your dream because they contain an important key to your future happiness. To dream that someone is reading your diary, or to dream that your diary is stolen, indicates that you are keeping secrets. You have difficulties telling others how you really feel.

**Dinner** To dream that you are eating dinner alone means that you will need to do some serious thinking about your goals and direction in life. Alternatively, it may represent independence or lack of social skills. To dream that you are eating dinner with others is positive, signifying your acceptance of others. It suggests that now is a time to reflect and share past experiences. **Dirty** If you dream of being in dirty or messy surroundings, it is a positive omen meaning that whatever is worrying you will soon come to an orderly conclusion. **Doctor** To dream of visiting a doctor at his office represents disagreements between members of a family. Dreams of talking to a doctor in a social setting (like a party) are very lucky, meaning you will have good health and prosperity. If you dream that you are engaged to marry a doctor, someone you know could be trying to deceive you. Dreaming that a doctor makes an incision in your flesh means you may be bothered by some malicious person or have bad luck in your finances. **Dog** Pay attention to dreams about dogs, as they often bring important messages. Dog dreams that are positive mean that the dreamer is lucky in friendship. A threatening dog signifies discomfort with large social groups. Also see Puppy. **Door** Dream doors can have several meanings: An open door means a new opportunity while walking through a door means you will take it. A choice of many doorways represents a difficult decision you must make in real life. A locked door means someone is hiding things or is stopping you from doing something you want, especially if you were locked out of someplace. If you are locked in, you might have a change of location in your life. **Drink** To dream that you are drinking water indicates spiritual refreshment. You will find fulfillment and peace by looking within yourself and into your past. To dream that you are drinking alcohol denotes that you are seeking either pleasure or escape. To dream of drinking alcohol in excess signifies feelings of insecurity and regret; you worry that people will discover who you really are. **Driving** To dream that you are driving a vehicle signifies your life's journey and your path in life. The dream is telling of how you are moving and navigating through life. If you are driving and cannot see the road ahead of you, then it indicates

that you do not know where you are headed in life and what you really want to do with yourself. You are lacking direction and goals. Dreaming of driving a car in reverse suggests you have set unrealistic financial or career goals for yourself.

**Drowning** Drowning in a dream signifies you can no longer hide your feelings about a certain situation. These dreams usually occur when the dreamer is feeling overwhelmed in real life.

**Earthquake** Dreaming of earthquakes or other natural disasters represents the things you are dealing with that are out of your control. It may be an unexpected problem or circumstance that you are stressed about. **Eating** Pleasurable dreams about eating mean you are happy in a real life relationship. If you dream about stuffing yourself or feeling sick when eating, you are feeling nervous or guilty about a friendship situation. To dream of eating alone means you're feeling sad. Also see Food. **Elephant** Seeing an elephant in your dream is great luck, signifying that you are laying a solid groundwork for wealth and success. You will have power, strength and prosperity. If you feed an elephant in your dream, you will elevate yourself in your community through your kindness. To dream of riding on the elephant signifies good news from afar, but to dream that you fell off while riding it suggests enemies are looking to harm you. **Elevator** Descending elevators in dreams are usually negative, suggesting repressed emotions or anxiety about losing social status. A rising elevator also represents anxiety, but signifies that the trouble is almost over. Dreams about being in an elevator crash are common and symbolize some basic fear in the dreamer's life. **Embarrassment** To dream of being embarrassed is a warning that one of your friends may be acting falsely. To observe others being embarrassed in your dream is a warning against repeating gossip. **Escalator** Dreams about escalators represent changes in your lifestyle or romantic status. Going down an escalator is a common metaphor for entering into deeper levels of awareness. Going up means you will succeed in getting where you want to go, but there will be challenges along the way.

**Exam** If you dream of an exam, it means that you are being put on the spot to prove an ability, your loyalty, or truthfulness to someone else. **Excitement** Dreaming of being excited indicates there is something coming your way that will bring you happiness. **Exercise** To dream about exercising is an omen of good luck if you enjoyed it. But if it was tiring or unpleasant, the dream is a warning to avoid forcing any issues - don't push or try to get an answer out of someone for a few weeks. **Eye / Eyes** To dream that your eyes are closed suggests your refusal to see the truth about something. This dream can also mean that you are avoiding intimacy. You may be expressing feelings of hurt, pain or sympathy. To injure your eyes, get something in them, or be otherwise worried about them is a warning that someone is trying to trick you. If the main feature of your dream was the beauty of the eyes, the meaning is that you can count on the sincere love of those who matter to you. To dream of having a black eye also symbolizes your refusal to see the truth about something. You may be experiencing emotional pain, possibly related to a romantic situation.

**Falling** Falling dreams are very common and often happen when we've started something new, like a year of school or a job. Falling a long distance and landing safely in a dream means you should trust your instincts to safely lead you out of difficulty. **Family** If you dream about family, it may be a way for your mind to express feelings and concerns about your real family that you could not express in daily life. Some believe that this dream usually has nothing to do with your actual family members, but rather the male and female sides of your own personality or self. So in a dream, your father may represent your expressive and protective aspects, while your mother could stand for your receptive and nurturing side. If family members behave very differently in a dream than they do in real life, or if unexpected things happen when you are with your dream family, the dream is probably a way of releasing your anxiety about real life family issues. **Fat** To dream of being fat often means you are feeling guilty about having done something you shouldn't. If you dream of someone else getting fat, you may have done something towards them that you regret. Or, it could mean that you

are jealous of the person in some way. **Fear** Dreaming about a fear of yours means that you are having anxiety about certain events in your life. You may not be as successful in a particular task as you had hoped. **Feet** To see your own feet in a dream symbolizes your foundation, stability and sense of understanding. You may need to be more practical and sensible, or it can mean you are ready for more independence and freedom in your life. If you dream that you are washing your feet, you will let others take advantage of you. If you dream that you have big feet, people admire you and find you attractive. If you dream of having no feet, this foretells unexpected obstacles in your path. Also see Barefoot. **Fighting** To dream of participating in a physical fight means that you will be threatened by someone about something related to your status or finances. If you saw others fighting in your dream, you are unwilling to admit your own problems and turmoil. You need to take more responsibility for solving your own problems in real life. Also see Argument. **Fire** Fire can represent passion and anger, and can also mean transition. If you dream of being caught in a fire, a transition will be difficult. If you dream of being warmed by a fire and the feeling in your dream is positive, it is a symbol of illumination, transformation and enlightenment. You are waking up to the positive powers within you. To dream of being burned by fire indicates that your temper is getting out of control. Some issue or situation is burning you up inside. To dream that a house is on fire signifies passion and loving companions. **Fireworks** Dreaming about fireworks means that you like to be the center of attention and are showing off to others. It also symbolizes enthusiasm and exhilaration. **Fish** Fish are lucky in dreams, representing spiritual growth and transformation. To see fish swimming in your dream signifies insights from your unconscious mind. To dream of catching a fish represents important insights about yourself and your life which have been brought to the surface. To dream about eating fish symbolizes your beliefs, spirituality, luck and energy. To see a dead or dying fish signifies disappointment and loss of power or money. Also see Aquarium. **Floor**

Represents your support system of friends and family. It may also represent the division between your unconscious and conscious mind. To see a polished, wooden floor in your dream indicates that you are fully aware of your unconscious feelings and thoughts, and you are keeping these suppressed. To see a slanted floor in your dream means that you are deviating too far from your original plans and goals. If you dream that the floor you are walking on is sticky, you may feel that you are being repressed or held back by people who think they are acting in your best interests. **Flying** Dreaming of flying represents being alone and is a signal to think positively and have confidence in yourself. You can accomplish anything if you put your mind to it. **Food** Pleasurable dreams about food mean you are happy in a real life relationship. If you dream of being chased or eaten by food items, you are trying to avoid a situation in real life that involves strong emotions. To dream about rotten or spoiled food suggests that you are feeling sluggish and emotionally drained. You may also be regretting missed opportunities for growth and pleasure. Also see Eating. **Forest** Dreaming of a forest signifies a feeling of being lost or confused. You are having difficulty finding a solution for a situation or problem and do not know how to conquer it. **Friends** Signify aspects of your personality that have been developing and making you grow as a person. The relationships you have with those around you are important in learning about yourself, so look to the friends you dreamed about for signals of personality traits they have that you desire in yourself, and work on those things. Additionally, dreaming of friends sometimes foretells that you will hear happy news from them. **Frustration** Dreaming about being frustrated represents a feeling of being unable to cope with something going on in your life. You are concerned about the direction of your life. **Funeral** If you dream of your own funeral, you are giving up a part of yourself or an old way of acting. This dream often means that you are trying to ignore a situation that needs to be confronted and dealt with directly. To dream that you are at somebody else's funeral means you are burying an old relationship and closing

the lid on the past. You may be letting go of old feelings you've been clinging onto. If you dream you are attending a funeral for a parent who is still living in real life, you need to separate yourself from your parents' restrictions. The symbolic death may give you the courage you need to take the next step toward your independence. **Furniture** Represents how you feel about yourself and your family. It refers to your relationships with others and how they fit into your life. To dream that you are moving furniture indicates that you are going out of your way to please others. Also, you may be changing your ways and trying to reevaluate your relationships/attitudes. To see old or worn furniture in your dream symbolizes outdated attitudes, former relationships, and/or old ways of thinking.

**Garage** If you dream that you are in a garage, you may be bored with your life. You may also be feeling that you have no direction or guidance when it comes to achieving your goals. If you dream of opening a garage door, you have made up your mind about something. If you close the door, you are putting off your goals for the sake of other people. If you dream of driving a car into a garage, your accomplishments will bring you happiness and security. **Garbage** Dreaming of garbage means you are ready to throw out old ideas and attitudes. It is a good dream signifying transition and renewal. **Gas Station** To dream that you are at the gas station indicates a need to reenergize and revitalize yourself. It may also suggest you should try to help others more. **Ghost** In general, seeing ghosts in your dreams symbolizes aspects of yourself that you fear. This may involve a painful memory, guilt, or some repressed thoughts. You may be anxious about your ability to achieve something in real life. Or, you may be afraid of death and dying.

**Gift** To dream of a gift means that something is coming to you, so have high expectations. It will make you feel better about whatever you are going through.

**Girl / Girlfriend** To dream of a girlfriend can be a straightforward representation of feelings or anxieties about your real life girlfriend. If you don't have one in real life, the dream represents a desire for more affection and appreciation. Spiritual medium, dream interpreter, psychic medium, clairvoyant, counsellor, Support, guidance, Karen Ellyard, Gold Coast, Queensland, Brisbane, Reiki, Angel, Meditation and teaching

**Glass** To dream that you are drinking from a glass is an omen of good luck. If you dream of looking through glass, disappointments will interfere with your brightest hopes. To see broken glass in your dream suggests something you thought would last a long time will end surprisingly and too soon. **Gossip** To dream that you are being gossiped about means that something good will come your way. If you are gossiping about another person, it will lead to humiliation for you. **Grades** If you dream of getting excellent grades, you will succeed because you have a great deal of confidence and belief in yourself. To dream of getting bad or failing grades is an insecurity dream. It symbolizes the dreamer's feelings of not being good enough and a fear of not having a winning personality. **Grandparents** Dreaming of grandparents symbolizes all of the encouragement that is instilled in you. You have confidence in yourself and do not need to hear it from other people. **Grass** A dream about grass, especially if you lie down in it, means you are comfortable and happy with who you are. **Grounded** To dream of being grounded predicts an important problem involving a decision you will find difficult to make. Before you commit yourself, get advice from someone who is experienced in life. To dream of being released from a grounding means you have enough information to make an

important choice. **Gun** May mean that you feel pressured by a male person in your life. It can also represent anxiety and the need for protection.