

Dreams is defined in Webster's Dictionary as a "sequence of sensations, images, thoughts, etc., passing through a sleeping person's mind" . Dreams have been a topic of study dating back to 4000 B.C. One may say that dreams have been around as long as the first civilization came to be and are just a normal part of human existence.

In our dreams, we can go anywhere, we can be anybody, and we can do anything. When we dream, we are like passengers on a moving train, unable to control our actions and choose surroundings. We let our mind take over. Sometimes, dreams can be understood in the context of repressed thoughts. Dreaming serves as an outlet for those thoughts and impulses we repress during the day. When we go to sleep at night and slip into our dream state, we feel liberated and behave and act in a manner that we do not allow ourselves in our waking life. Spiritual medium, dream interpreter, psychic medium, clairvoyant, counsellor, Support, guidance, Karen Ellyard, Gold Coast, Queensland, Brisbane, Reiki, Angel, Meditation and teaching

Visions and ideas can come from your dreams. Authors, screenwriters and poets turn to their dreams for stories. Artists and musicians explore dreams for their inspiration. Dreams can help us find solutions to our daily problems and see things from a different perspective. Symbols are the language of dreams. And acquiring the ability to interpret your dreams is a powerful tool. In analysing your dreams, you can learn about your deep secrets and hidden feelings. Remember that no one is a better expert at interpreting your dreams than yourself. Every detail, even the most minute element in your dream is important and must be considered when analyzing your dreams. Each symbol represents a feeling, a mood, a memory or something from your unconscious. Look closely at the characters, animals, objects, places, emotions, and even color and numbers that are depicted in your dreams. Even the most trivial symbol can be significant. This dictionary, along with your own personal experiences and circumstances, will serve to guide you through a meaningful and personalized interpretation. With practice, you can gain an understanding of the hidden secrets your dreams are trying to tell you.